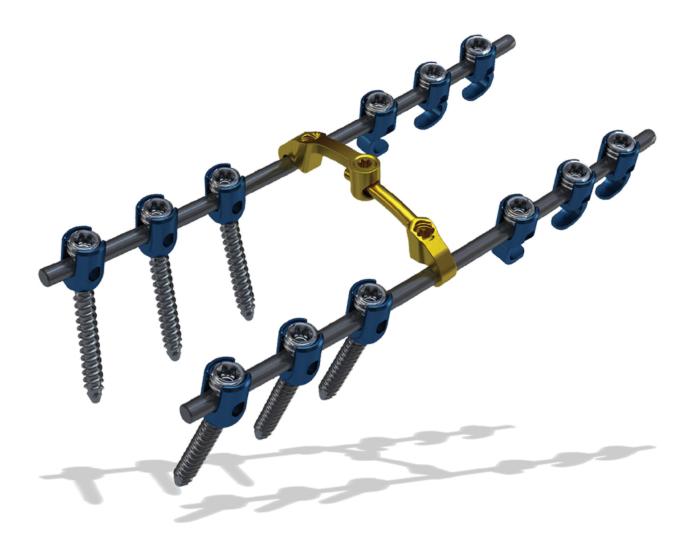
#### SURGICAL TECHNIQUE GUIDE

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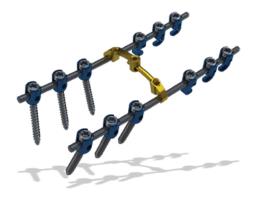


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#### **Table of Contents**

Introduction	4
System Features	4
Positioning and Exposure	5
Placement of Hooks	5
Screw Hole Preparation	6
Screw Insertion	8
Rod Insertion	8
Set Screw Insertion	9
Rod Reduction	
Compression/Distraction	11
Set Screw Final Tightening	
Connector Placement	
Rod to Rod Connectors	
Lateral Offset Connectors	
Inline & Domino Connectors	
Removal	
Implant and Instrument Trays	14

## **B LA C K B I R D**<sup>T</sup>





#### Introduction

The ChoiceSpine BLACKBIRD<sup>™</sup> Posterior Cervical Thoracic Spinal Fixation System is a 3.5mm rod system offering a versatile and simplified solution for posterior fixation of the cervico-thoracic regions of the spine.

The use of polyaxial screws is limited to the thoracic spine (T1-T3) "for anchoring the construct only" and not intended to be placed in the cervical spine. The use of the rods and hooks are intended to provide stabilization and promote fusion in the cervical/upper thoracic (C1-T3) spine. This system can be linked to a Ø6.0 mm rod system such as the ChoiceSpine Starfire<sup>™</sup> Pedicle Screw System.

#### System Features

- Polyaxial head: non-biased 70° of conical angulation
- Multiple screw options: 3 diameters; fully threaded and smooth shank
- Dovetail set screw: minimizes head splaying and cross-threading
- Variety of connectors: allows for variations in anatomy and technique
- Multiple connector and hooks available



Part Description	Diameter	Lengths
Polyaxial Screws	3.5mm	10-32mm
Polyaxial Screws	4.0mm	10-32mm
Polyaxial Screws	4.5mm	18-34mm
Polyaxial Screws - Smooth Shank	3.5mm	18-22mm
Rods (Straight, Prebent, and Transition)	3.5mm	Prebent: 40-120mm Straight: 80, 120, and 240mm Transition: 350 and 560mm
Connectors include rod to rod, lateral offset, and rod transition connectors		
Multiple Hook sizes are included		

**NOTE:** Screw lengths are in 2mm increments.

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#### **Positioning and Exposure**

- Place patient in prone position in preparation for posterior fixation approach
- Target the appropriate spinal segments clinically and using fluoroscopy
- Ensure adequate visualization for procedure

#### **Placement of Hooks**

- Prepare the lamina for cervical Hook (LT30-H05 / L730-H06) placement
- Select the appropriate hook size based on thickness of the lamina
- Insert the Hook using Hook Holder (L070-0049) into the appropriate position (Fig. 1)
- Repeat for remaining hooks (Fig. 2)



Figure 1



Figure 2



#### **Screw Hole Preparation**

- Determine the appropriate screw diameter and length for patient anatomy in the thoracic spine (T1-T3)
- Determine the trajectory of the screw and create a pilot hole using the Awl (L070-0051)



Figure 3

• Prepare the Drill Guide (L070-0002) by adjusting the rotating knob at the proximal end of the barrel to the desired drilling depth. Each stop on the barrel indicates a depth change of 2 mm (Fig. 4 and 5).



Figure 4



Figure 5

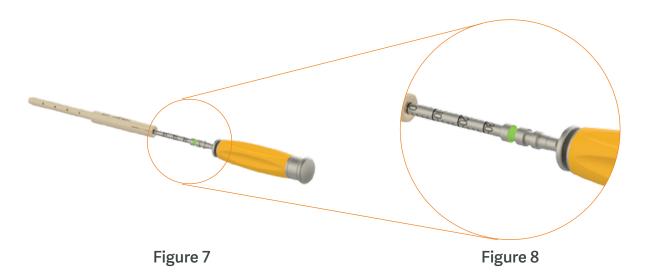
### BLACKBIRD™

- Attach Drill (3.5mm L070-0003 or 4.0mm L070-0004) to Axial AO Handle (L070-0029) and insert into Drill Guide
- Position the **Drill Guide** in the desired trajectory and advance the **Drill** until the stop makes contact with the **Drill Guide** (Fig. 6)



Figure 6

- Confirm depth of drill hole using Ball Tip Probe (L070-0026)
- Attach the Axial AO Handle to the 3.5 Tap (L070-0005) and attach the Tap Sleeve (L070-0017) (Fig 7 and 8)
- Tap the Tap to the appropriate depth.



**NOTE:** The Tap Sleeve (L070-0017) is designed for tissue protection during tapping. The sleeve is spring loaded and will retract from the tip as the tap advances. Tap depth is indicated on the tap at the top of the Tap Sleeve.



#### **Screw Insertion**

- Attach the Driver (L070-0001) to the Axial AO Handle (L070-0029)
- Load the Screw on the tip of Driver to ensure Screw is fully engaged (Fig. 9)





• Slide outer sleeve distally until it reaches the tulip, rotate the sleeve until it engages tulip threads, and hand tighten. (Fig. 10)





• Drive the Screw into pedicle to desired depth

#### **Rod Insertion**

• Cut the Rod (LT40-9040 - LT40-120) to determined length using Rod Cutter (L070-0020) (Fig. 11)





• The Rod Cutter Ruler (L070-0042) can be attached to the Rod Cutter to cut the rod to the appropriate length

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• Rotate dial on Rod Cutter to ensure the arrows are aligned (Fig. 12). Pass rod through Rod Cutter, align end of Rod with desired length marked on Rod Cutter Ruler, and squeezes handles to cut Rod.





- Bend rod to desired contour using Rod Bender (L070-0021),
- Insert Rod into Hooks and Screws (Fig. 13)



#### **Set Screw Insertion**

• Choose the Single End (L070-0012) or Double End (L070-0011) Set Screw Starter (Fig. 14) to provisionally tighten the Set Screw (LT10-0001) (Fig. 15)

Figure 13





Figure 14

Figure 15

9

**NOTE:** If the rod is not fully seated in the bottom of the screw tulip, rod reduction must be performed.

#### **Rod Reduction**

- Reduce the Rods as needed using the Tower Reducer (L070-0009), or the Rod Rocker (L070-0007).
- Rotate the winged knob on the Tower Reducer counter clockwise to extend the inner sleeve.
- Connect the Tower Reducer to the screw tulip (Fig 16).
- Verify that the Tower Reducer is seated correctly on the screw tulip & rotate the winged knob clockwise to reduce the rod (Fig 17).

• Provisionally tighten the Set Screws once the Rod has been reduced (Fig 18)

- The rocker mates with the screw or hook on the outside of the tulip.
- NOTE: There is an optional Pistol Reducer (L070-0008) available to assist with rod reduction. Contact ChoiceSpine Sales Support if wanting to request.
- WARNING: The rod must be fully seated into the bottom of the screw tulip to avoid possible damage to the set screw and screw
- **NOTE:** Set screws may be inserted through the tower reducer or pistol reducer.

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Figure 18

#### **Compression/Distraction**

- Ensure at least one **Set Screw** is final tightened prior to compression or distraction see "Set Screw Final Tightening" section.
- To compress, place Compressor (L070-0024) over Rod on the outside of the Screws or Hooks
- Squeeze handle until desired compression is achieved (Fig. 19)

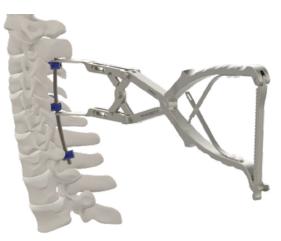


Figure 19

- To distract, place Distractor (L070-0025) over Rod on inside of Screws or Hooks
- Squeeze the handle until desired distraction is achieved (Fig. 20)



Figure 20

• Once desired compression or distraction is achieved, provisionally tighten the remaining Set Screws



#### Set Screw Final Tightening

- Place Countertorque (L070-0013) over the Screw/Hook/Lateral Connector
- Assemble Final Driver (L070-0015) to the orange 30 in-lb T-handle (L070-0027)
- Pass Final Driver through the Countertorque and seat the Driver into the Set Screw (Fig. 21)
- Rotate **T-handle** clockwise until the handle provides tactile click when the 30 in-lb torque limit is reached.
- Repeat for all Set Screws (Fig. 22)



Figure 21

#### **Connector Placement**

CAUTION: BEFORE INSERTING ANY CONNECTORS VERIFY THE POSITION OF THE SETS SCREWS TO ENSURE THEY DO NOT RESTRICT SEATING.



Figure 22

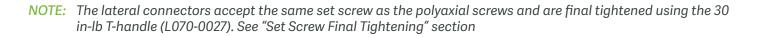


#### **Rod to Rod Connectors**

- Measure the distance between Rods using the Cross Connector Caliper (L070-0031) and select appropriate sized Connector
- Place connector on **Rods** at the appropriate spinal location and provisionally tighten lateral **Set Screws** followed by central **Set Screw** using the **Connector Driver (L070-0038)**
- Final tightening lateral to lateral **Set Screws** followed by the medial **Set Screw** using the **Connector Driver** and the yellow **25 lb-in T-handle (L070-0053)**
- Rotate T-handle clockwise until the handle provides a tactile click when the 25 in-lb torque limit is reached.

#### Lateral Offset Connectors

- Lateral Connectors may be used when an offset is warranted or anatomy requires medial-lateral flexibility
- Determine the amount of offset and select the appropriate sized Lateral Connector



#### **Inline & Domino Connectors**

- There are multiple styles of connectors to connect the BLACKBIRD system with other ChoiceSpine spinal systems. These connectors should be carefully selected to match the correct existing rod diameters.
- Final tighten the Connector Set Screws using the Connector using the Connector Driver and the orange 30 in-lb T-handle.
- Rotate the T-handle clockwise until the handle provides a tactile click when the 30 in-lb torque limit is reached.
- Use the inline **Countertorque** to aid in final tightening of the inline transition connector.

#### Removal

- To remove the device components, first remove all Connectors using a Cross Connector Driver (L070-0032) attached to a Axial AO Handle (L070-0029)
- Lateral Connectors are loosened using a Set Screw Starter (L070-0011 or L070-0012) attached to a Axial AO Handle
- Remove the **Rods**
- Remove Polyaxial Screws by mating a Driver (L070-0001) to the base of the Screw, back out the Screw
- Carefully manipulate Hooks for removal



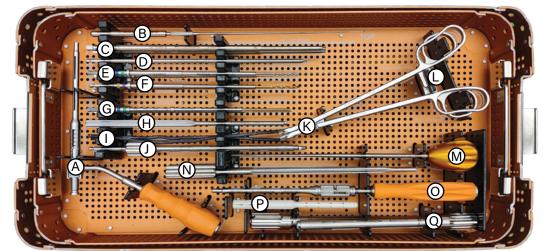




Figure 26



#### **Blackbird Top Instrument Tray**

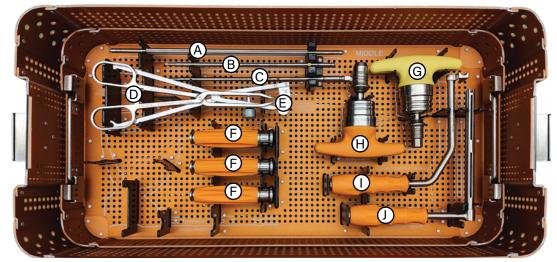


- **A** Drill Guide (L070-0002)
- **B** Ball Tip Probe (L070-0026)
- © Set Screw Final Driver (L070-0015)
- Transition Connector Driver (L070-0050)
- (E) 3.5mm Drill (L070-0003)
- (F) 4.0mm Drill (L070-0004)

- **G** 3.5mm Tap (L070-0005)
- H Tulip Adjuster (L070-0010)
- () Rod Template (L070-0019 or L070-0054)
- (J) Screwdriver (L070-0001)
- **(K)** Rod Holder (L070-0047)

- () Hook Holder (L070-0049)
- **M** Pedicle Probe (L070-0046)
- Cross Connector Driver (L070-0038)
- O Awl (L070-0051)
- **P** Tap Sleeve (L070-0017)
- **Q** Tower Reducer (L070-0009)

#### **Blackbird Middle Instrument Tray**



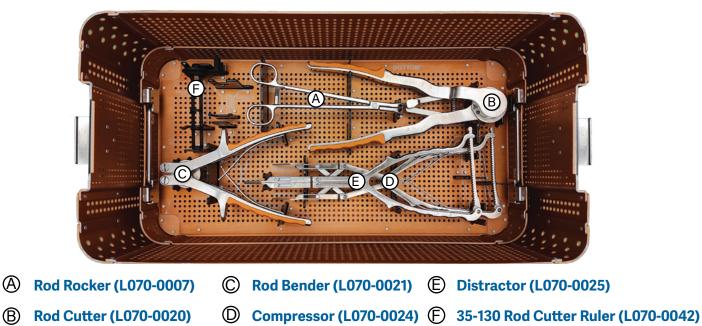
- A Double Set Screw Starter (L070-0011)
- **B** Single Set Screw Starter (L070-0012)
- C Adjustment Driver (L070-0032)
- Rod Rod Connector Inserter (L070-0034)

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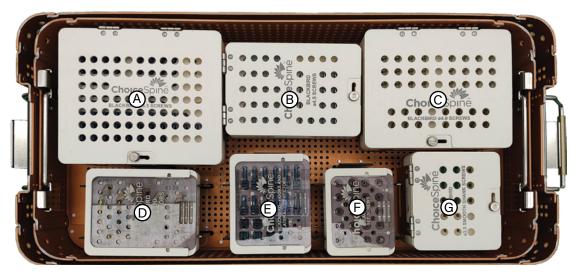
E Cross Connector Caliper (L070-0031)

- (F) Axial AO Handle (L070-0029) x3
- G 25in-lb T-Handle (Cross-Connector) (L070-0053)
- 30in-lb T-Handle (Set Screw) (L070-0027)
  - Inline Countertorque (L070-0014)
- ① Countertorque (L070-0013)

#### **Blackbird Bottom Instrument Tray**



#### **Blackbird Upper Implants Tray**



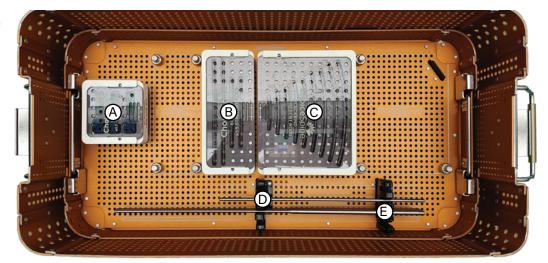
(A) 3.5mm Screws

B

- (B) 4.5mm Screws
- (C) 4.0mm Screws
- (D) Rod to Rod Connectors
- (E) Hooks & Lateral Connectors
- (F) Set Screws
- **(G)** 3.5mm Smooth Shank Screws



#### **Blackbird Lower Implants Tray**



- (A) 03.5-05.5mm Transition Connectors
- **B** 03.5mm Straight Rods
- © 03.5mm Prebent Rods
- D 3.5mm x240mm Straight Rod
- (E) 360mm Transition Rod

### BLACKBIRD™

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Notes:

BLACKBIRD<sup>™</sup>

For Instructions for Use please visit https://choicespine-eifu.com/





## **B L A C K B I R D**<sup>™</sup>

Posterior Cervical-Thoracic Fixation System

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